

HOW COMMUNITY-BASED ORGANIZATIONS CAN SUPPORT IMMIGRANTS' RESISTANCE TO INJUSTICE AND OPPRESSION

Society for Community Research & Action, Division 27 of the American Psychological Association

BACKGROUND

Around the globe, many immigrants experience oppression from local, national, and transnational sources as they migrate and after they settle in their new communities. Oppression is organized and unrelenting, embedded across societies. Immigrants resist oppression by engaging in actions that undermine oppressive power structures. Resistance can be undertaken individually or collectively; targeted at individuals, groups, policies, structures, or systems; and active or passive, organized or unorganized, and overt or covert.

In this brief, we outline ways community-based organizations may facilitate resistance to oppression.

COMMUNITY-BASED ORGANIZATIONS

Community-based organizations are nonprofit groups that aim to improve community wellbeing. They include direct service-oriented organizations that provide resources to those being oppressed and rights-oriented organizations that advocate for social justice. They range from small organizations dedicated to residents of one neighborhood to large organizations that span nations.

Community-based organizations can play a critical role in facilitating resistance by aiming to dismantle oppression inside and outside their community-based organizations. Community-based organizations can provide empowering brave spaces that attend to suffering caused by oppression. They can support members to develop courageous vision and foster a culture of growth. To do so, their members should have opportunities to take on meaningful roles, provide and receive support, develop skills, share leadership, and build community. Community-based organizations can create and allocate resources to facilitate resistance. They must attend to systems of oppression, and advocate for systemic and intersecting solutions. Community-based organizations should use their unique power to act. Different community-based organizations may take divergent approaches; there is no one way to support resistance.

FRAMEWORKS

Our recommendations are grounded in the framework of **SOCIAL SETTINGS**¹ along with three frameworks:

EMPOWERING SETTINGS² have a culture of growth and community building; opportunities to take on meaningful, multiple roles; peer-based support; and shared leadership committed to development.

HEALING JUSTICE³ focuses on systems of oppression and calls for structural solutions while attending to suffering, emphasizing a cycle where people build community, develop courageous vision, heal, and act.

DECOLONIZATION⁴ involves decentering western ways of knowing to resurface ancestral truths and actions, drawing attention to intersectionality and allyship to resist colonialism.

¹ See Seidman & Tseng, 2011; Tseng & Seidman, 2007, Tseng et al., 2002

² See Kieffer, 1984; Maton, 2008; Maton & Brodsky, 2011; Wandersman & Florin, 2000; Wilke & Speer, 2011; Zimmerman, 2000

³ See Chavez-Diaz & Lee, 2015; Gemignani & Hernández-Albújar, 2019; Ginwright, 2015a, 2015b, 2018; Page, 2013

⁴ See Maldonado-Torres, 2016; Tuck & Yang, 2012

RECOMMENDATIONS

RECOGNIZE OPPRESSION: Oppression is carried out individually, collectively, institutionally, and structurally. Oppression can be disguised as the status quo. Stay alert, listen, and look for oppression.

LOOK FOR RESISTANCE: Some resistance may be easier to see than others. Be alert to resistance already taking place in your community-based organization and surrounding community to support it.

LISTEN AND LEARN: Look to those who are resisting both within the community-based organization and outside of the organization to identify how the community-based organization might best facilitate resistance. Center the knowledge, experiences, skills, and hopes of those already engaged in resistance work to determine next steps for your organization.

LOOK TO MODELS: Look at community-based organizations similar to your own to explore how they have facilitated resistance. Puente Movement in Phoenix, AZ, USA is an example of an organization that has supported resistance. Keep in mind that no organization is perfect and all are in constant development.

PROVIDE RESOURCES. Support resistance by providing resources that your community needs. Build on the existing assets and skills of those in your organization, particularly those experiencing oppression. Think about the unique resources you can offer. These may include legal aid, housing, or health care; education, information-sharing, or skills development; technical or fiscal support; and/or emotional and social support.

HARNESS TECHNOLOGY: Technology can facilitate communication, connection, coordination, and information dissemination. Yet, it can also bring to light acts of resistance not meant for the public eye, putting individuals experiencing oppression at risk. Technology is also unevenly distributed and accessed. Look to those experiencing oppression to consider how technology can support your resistance work.

USE POWER WISELY: Recognize and use the unique power and strengths your organization holds to work toward dismantling oppressive systems.

MAKE SPACE: Make sure all voices are heard and their existing knowledge, experiences, and skills are harnessed and equally valued. Decenter Western ways of knowing and challenge structures of white supremacy. Make space for those typically ignored. Those with more power should relinquish that power in their roles and step back. Build community to facilitate resistance.

HONOR DIVERSE ROLES: Provide opportunities for all members to take on meaningful and multiple roles, to share leadership, and to grow individually and together. Create ways for members' contributions to evolve over time. Honor and value the diverse roles members undertake, particularly those historically undervalued.

ACT IN SOLIDARITY: Those with more power and privilege must be allies, accomplices, and partners to those being oppressed, resisting any internal or external narrative that pushes them to be saviors and to see others through a passive victim lens. Change common individual oppression actions, such as privilege-splaining.

LOOK IN THE MIRROR: Reflect on your organization's structures, processes, and practices to examine ways your organization may be upholding systems of oppression. Actively work toward dismantling oppression in your organization. Make sure you are not reproducing the cycle of oppression.

BE WILLING TO REFLECT AND CHANGE: In your work, you and your organization will likely make mistakes. Be open to feedback from those whose resistance your organization seeks to support. Continuously reflect on what you are doing and why. Be ready to own your actions and make changes accordingly. When your organization or someone in it is "called in" by those oppressed, view the intervention as an act of love, designed to help the organization or person do better, as you are viewed as having the capacity to grow.